HEB Child Nutrition
2023-2024
Carbohydrate Allergen List

HEB Child Nutrition
2023-2024
Carbohydrate Allergen List

ENTRÉE MENU ITEM	SVG SIZE	Calories	CHO	Milk	Egg	Wheat	Soy	Pea-nuts	Tree Nuts	Fish	Shell-fish

HEB Child Nutrition
2023-2024
Carbohydrate Allergen List

GRAIN MENU ITEMS	SVG SIZE	Calories	CHO	Milk	Egg					

HEB Child Nutrition
2023-2024
Carbohydrate Allergen List

FRT/VEG ITEM	SVG SIZE	Calories	CHO	Milk	Egg	Wheat	Soy	Pea-nuts		